



FOR TEACHING
AND RESEARCH

Donating your body

Did you know body donations are of critical importance for teaching and research?

In fact, these gifts provide college and university students in the various health-science programs the opportunity to take courses in practical human anatomy in their disciplines and to practice the different techniques of their specialties.

Body donations can also play a role in developing new techniques and approaches to care and intervention by specialists and other health-care professionals.

Québec 



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Who can donate their body?

Anyone can make a gift of their body for teaching or research purpose. A minor under 14 years of age may also do so with the consent of the person having parental authority or of his tutor.

How do I go about making my donation?

The procedure for donating your body after death is straightforward:

- 1 Sign the donor card.
- 2 Have two adult witnesses sign the card (spouse, child, father, mother, friend, etc.).
- 3 Keep the card with your identification (driver's licence, Health Insurance Card).
- 4 Inform your family and friends.

For More Information

www.sante.gouv.qc.ca/en/

**Santé
et Services sociaux**
Québec 

I hereby donate my body for teaching and research purposes.

Donor's name (in uppercase letters)	Date of birth (YYYY-MM-DD)
Donor's signature	Date of signature
Restrictions or specific wishes, if any.	
Witness	
Witness	

You may withdraw your consent to donate your body at any time.